## SB 323 ~ JASON FLATT YOUTH SUICIDE AWARENESS ACT.

The provisions of this bill relevant to suicide awareness and prevention are:

The board of education of each school district shall provide suicide awareness and prevention programming to all school staff and shall notify the parents or legal guardians of students enrolled in such school district that the training materials provided under such programming are available to such parents or legal guardians.

Such programming shall include at a minimum.

At least one hour of training each calendar year based on programs approved by the State Board of Education. Such training may be satisfied through independent self-review of suicide prevention training materials; and

A building crisis plan developed for each school building. Such plan shall include: Steps for recognizing suicide ideation; Appropriate methods of interventions; and A crisis recovery plan.

On or before January 1, 2017, the State Board of Education shall adopt rules and regulations necessary to implement the provisions of this section.

## Guidance

Between now and January 1, 2017 KSDE will be providing guidance relative to the implementation of SB 323 as well as adding resources to our KSDE School Counseling Resources web page (<a href="http://www.ksde.org/Agency/Division-of-Learning-Services/Career-Standards-and-Assessment-Services/Content-Area-M-Z/School-Counseling/School-Counseling-Resources">http://www.ksde.org/Agency/Division-of-Learning-Services/Career-Standards-and-Assessment-Services/Content-Area-M-Z/School-Counseling/School-Counseling-Resources</a>). KSDE encourages districts to develop partnerships with local and regional mental health centers and educational service centers to provide evidenced based training materials and technical assistance in developing crisis plans that meet the statutory requirements. This is also true for districts who plan on utilizing evidence based "independent self-review of suicide materials" that is intended to satisfy the requirements of the statute. An example of this is the curriculum available through the Jason Flatt Foundation located at <a href="http://jasonfoundation.com/get-involved/educator-youth-worker-coach/professional-development-series/">http://jasonfoundation.com/get-involved/educator-youth-worker-coach/professional-development-series/</a>.

Districts are also reminded that suicide ideation is tier 3 on a school-based mental health continuum. It is recommended that part of the training addresses tier 1 and tier 2 issues that may lead to a tier 3 suicide ideation

## RESOURCES

In order to get you started here are some relevant resources for youth suicide prevention:

Jason Flatt Foundation: http://jasonfoundation.com/

Kansas Suicide Prevention Resource Center: http://www.kansassuicideprevention.org/

National Suicide Prevention Life Line: <a href="http://www.suicidepreventionlifeline.org/">http://www.suicidepreventionlifeline.org/</a>

SAMHSA Suicide Prevention Page: http://www.samhsa.gov/suicide-prevention

Suicide Prevention Resource Center: <a href="http://www.sprc.org/">http://www.sprc.org/</a>

American Foundation for Suicide Prevention- Kansas Chapter: https://www.afsp.org/local-

chapters/find-your-local-chapter/afsp-greater-kansas

Kansas Suicide Hotlines: <a href="http://www.suicide.org/hotlines/kansas-suicide-hotlines.html">http://www.suicide.org/hotlines/kansas-suicide-hotlines.html</a>

Center for Disease Control (Suicide): <a href="http://www.cdc.gov/violenceprevention/suicide/">http://www.cdc.gov/violenceprevention/suicide/</a>

Yellow Ribbon Suicide Prevention: <a href="http://yellowribbon.org/about/">http://yellowribbon.org/about/</a>

American Association of Suicidology: <a href="http://www.suicidology.org/">http://www.suicidology.org/</a>

Headquarters Counseling Center: <a href="http://www.headquarterscounselingcenter.org/">http://www.headquarterscounselingcenter.org/</a>

Johnson County Suicide Prevention: <a href="http://www.jocogov.org/dept/mental-health/suicide-">http://www.jocogov.org/dept/mental-health/suicide-</a>

prevention

Sedgewick County Suicide Prevention:

http://www.sedgwickcounty.org/comcare/suicide\_prevention.asp

Greater Kansas American Foundation for Suicide Prevention Facebook Page:

https://www.facebook.com/AFSPGreaterKC/

The Trevor Project (for LBGTQ students) <a href="http://www.thetrevorproject.org/?gclid=CK2-">http://www.thetrevorproject.org/?gclid=CK2-</a>

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Kansas Adjutant General's Suicide Prevention Program (designed for the military):

http://www.kansastag.gov/NGUARD.asp?PageID=506

Spring Hill USD Suicide Prevention Page:

http://www.usd230.org/shhs/studentsparents/student\_safety/suicide\_prevention/

Chisolm Trail (Olathe) Middle School Student Support Services:

http://schools.olatheschools.com/buildings/chisholmtrail/parent-info/student-support/

HelpGuide.org: http://www.helpguide.org/home-pages/suicide-prevention.htm

**SCHOOL VIOLENCE HOT LINE -** The Kansas State Highway Patrol has set up a "STOP SCHOOL VIOLENCE" anonymous toll free hotline number - 1-877-626-8203. Students that are frustrated and wanting to vent their feelings need to contact the above number or see your school Principal or Counselor.